

## 907

907 children and young people aged 10-18 accessed support through counselling in the last 12 months.

## 185

185 (54%) children and young people reported an improved outcome following support from their school counsellor between July and December 2022.



63% of young people receiving counselling in the last 6 months identified as female.

## Mental Health and Wellbeing Needs

The 3 areas mentioned most often by young people attending school counselling were:

- Anxiety
- Family Issues
- Stress



## 564

564 children & young people accessed counselling between January and June of 2022

## 343

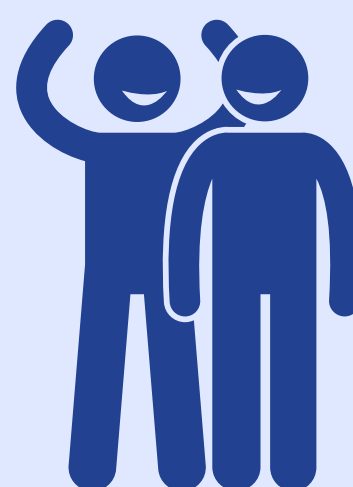
343 children & young people accessed counselling between July and December of 2022

## 340

340 of young people who accessed counselling in the last 6 months were in S1-S6.



All 8 secondary schools in South Ayrshire have a school counsellor



The 11 counsellors in post provide an average of 124 hours per week.